



Mindset for Success: How high achievers think

Date: 13th May 2014

Time: 9.30am to 12.30pm

Place: Waitakere Community Resource Centre, 8 Ratanui St, Henderson (see below)

Cost: \$45.00

Success means different things to different people – but it is something most of us work towards. We want to be effective and we want to be seen to be effective.

This workshop will share with you the ‘Mindset for Success’ – how high achievers think and how that impacts on their behavior and results. During the workshop Suzanne will share with you modeling research from some well known successful people, then offer you some simple strategies to apply those new ways of thinking and doing to your own life.

You Will Learn:

- The difference between living ‘above and below the line’
- How successful people think and change their results
- What you are currently thinking about (and whether those thoughts are enhancing or restricting your success)
- What you need to change to have even more success in your life

Facilitator: Suzanne Henwood

Suzanne is the Director and Lead Trainer and Coach of mBraining4Success, a coaching, training and consultancy company using NLP (Neuro Linguistic Programming) and mBIT (multiple Brain Integration Techniques) to support and empower you to evolve to new levels of living. Suzanne has worked in personal and professional development and education for 25 years and brings a down to earth, no nonsense approach to help people who want to make changes in the life.

Suzanne is a diagnostic radiographer by professional background and has been working at postgraduate level for 20 years across health care and people based businesses. She has a PhD in Professional Development from a London University and is a qualified coach and trainer in NLP and mBIT.

Numbers are limited. Book now to avoid disappointment.

To book contact Mandy Spencer on mandy@communitywaitakere.org.nz or 09 838 7903

GETTING HERE & PARKING:

The Waitakere Community Resource Centre is located at 8 Ratanui St, Henderson. Access is up the service lane directly behind the shops – we are on top of the grassy bank, next to Harvey Norman.

If driving please note **there is no visitor parking on site**, your best parking options are:

- The multi-storey Wilsons car park, entrance off Trading Place, \$1.00 per hour
- Public car park on Corbans Hill, Great North Rd (5 min walk) \$4.00 per day
- Public car park next to The Falls restaurant, Alderman Drive, (5 min walk) \$4.00 per day
- Henderson Valley Rd, just under railway bridge, 3 hour free parking. 5 min walk
- Side Roads – free, with a walk.
- If taking public transport, you can catch a train to Henderson Station and walk for 5 minutes up Ratanui St or catch a bus and alight across from Unitec. Check out www.maxx.co.nz for your public transport options.

WAYS TO REGISTER:

Email: mandy@communitywaitakere.org.nz

Phone: (09) 838 7903

Mail: Community Waitakere, PO Box 21-068, Henderson 0650, Auckland

PAYMENT OPTIONS

Cheque: Payable to Community Waitakere Charitable Trust

Direct Credit: ASB - 12 3039 0827981 00 - with your name as reference.

CANCELLATIONS & REFUNDS

Cancellation notice of more than 10 working days prior to the event is fully refundable, cancellation notice of less than 10 working days prior to the event **NO REFUND**. Substitution of attendees is allowed; written notice is required for cancellations and substitutions; no transfers between events.

POINTS TO NOTE

- All bookings must be paid prior to the event or by arrangement with Community Waitakere.
- Course details are correct at time of publication however dates, times and venues may change. Any changes will be advised via email, please provide a correct email address during registration.
- Community Waitakere reserves the right to cancel workshop dates if event registration numbers are less than 10, in this instance a full refund will be given.

