



**A new dawn for women, children and families in crises and under stress**

## **Early Years Toolbox Parenting Course**

Come and join us on a fun and practical parenting course aimed at the Early Years (0–6) age group. We all want to be great parents, and you will go home with a whole new set of parenting tools and ideas.

**So come along:**

Relax, have a cuppa and a biscuit.  
Watch videos, laugh, have fun.  
Try out new strategies and learn from others.  
Get a comprehensive manual to keep.

**Results to expect:**

More confidence and reduced stress.  
New enjoyment of parenting and increased experience of love.  
More co-operative children and big increase in family fun.  
Qualify for a Certificate from Aorangi Polytechnic.

**Topics:**

Different parenting styles, and the style that works best.  
Physical and emotional needs of children.  
Different ages and stages.  
How to engage children's co-operation.  
How to handle difficult behaviour and stay sane!  
Creating a childhood to remember.  
The Five Love Languages.

**Dates:**

Six Monday mornings – March 4, 11, 18, 25, April 1, 8. 2013.

**Times:**

10am – 12.15pm.

**Cost:**

\$67.50 per person or \$90 per couple (subsidy available).  
Free to foster parents, caregivers and adopters.

**Venue:**

Dayspring Trust, 2 Seabrook Avenue, New Lynn

**Contact:**

Pamela or Kristen at Dayspring Trust Tel:) 827 6321 or E. [dayspring@xtra.co.nz](mailto:dayspring@xtra.co.nz)

